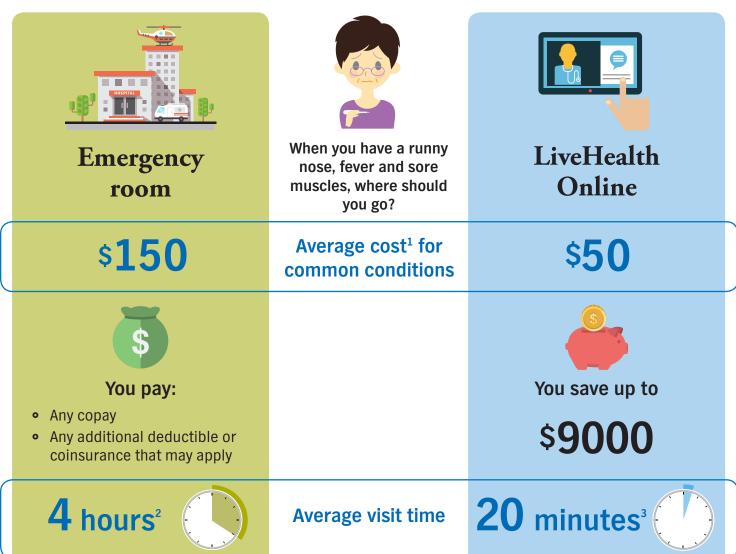




An **Anthem** Company

Which is better for cold and flu?

Emergency room (ER) vs LiveHealth Online



Need to find care nearby?



Online: Go to empireblue.com and choose Find a doctor. Follow the steps to search for a doctor or health care provider in your plan.



Services provided by Empire HealthChoice HMO, Inc. and/or Empire HealthChoice Assurance. Inc., licensees of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield plans.

By phone: Call the Member Services number on your ID card for help finding providers in your plan.

You save





Enough time to go to the gym, take your dog to the park, and watch your favorite TV show

¹ Refers to average health plan copays, not the cost for the condition listed. For many members, deductibles and coinsurance may apply

² American College of Emergency Physicians website: ER Wait Times, Crowding & Access Fact Sheet (accessed December 2015): newsroom.acep.org/index.php?s=20301&item=29937.

³ Total includes 10 minutes of wait time. LiveHealth Online website: How It Works (accessed August 2016): livehealthonline.com.